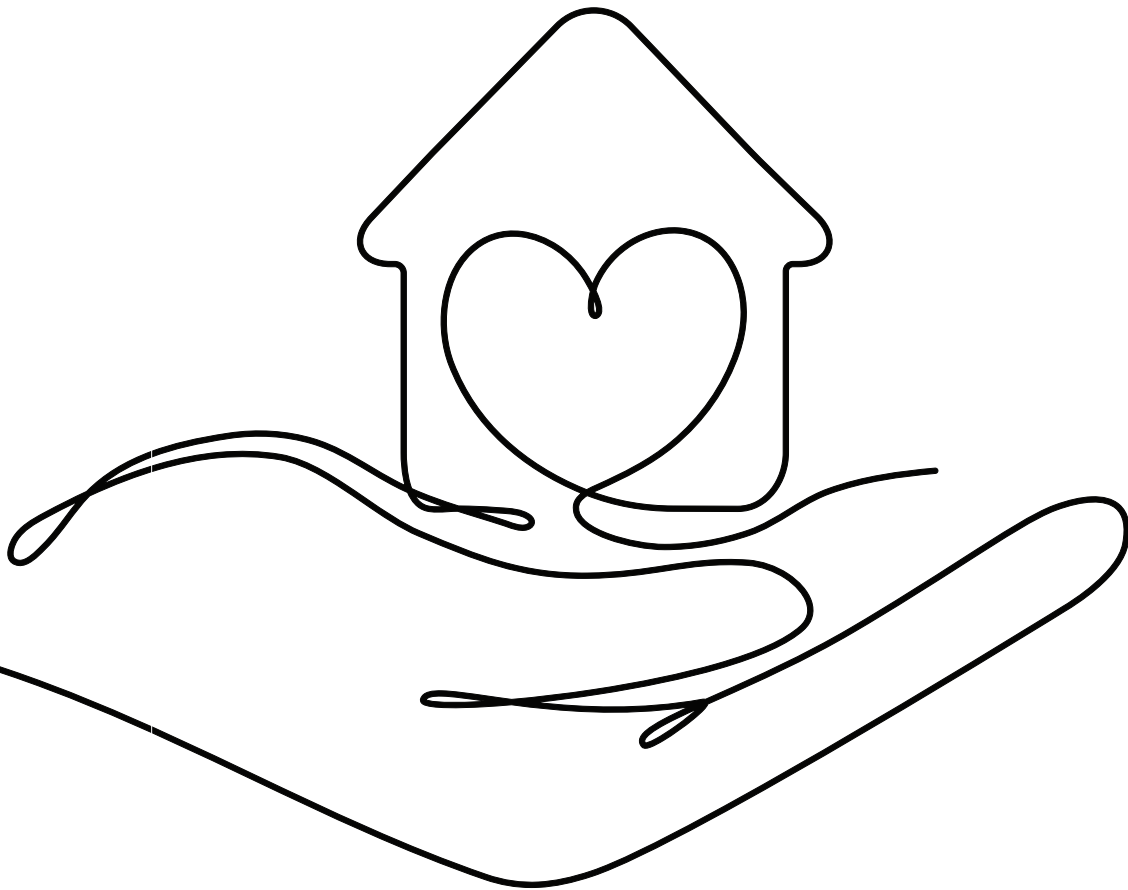




Annual Report 2023



In 2023, Tahoe Family Solutions provided services to more than 3,200 families and individuals in the Tahoe Basin.

Annual Report 2023

MESSAGE FROM THE EXECUTIVE DIRECTOR

Tahoe Family Solutions (TFS) showed impressive growth in 2023. In the following pages you will see how TFS projects and programs yielded positive results for the Tahoe Basin and the children and families who need us most. Sure, there were challenges; our thrift store revenue took a hit in the winter as extreme weather forced closings and kept customers at home. The same factor (weather) kept students in ESL classes at home. VITA (free tax assistance) clients and Family Resources Center clients were also bottled up during the winter months.

“ this community is a special one; our investors/donors all stepped up to the plate and provided essential resources ”



A continued tight job market, staff shortages, and higher payrolls impacted TFS just the way they impacted many small businesses in this community.

However, this community is a special one; our investors/donors all stepped up to the plate and provided essential resources. The time and talent of our Board of Directors, volunteers and staff were all on display as TFS moved every major initiative forward.

Psychiatry and counseling fees were waived for ALL clients at the end of the year, Camp Explore added an additional week (5 in total) and all camper fees were eliminated for over 100 local kids. English as a second language (ESL) classes expanded to quarterly sessions, and Homework Help Club recorded record attendance and test scores that had our students advancing in reading and math scores.

Taking a few minutes to scan the following pages of this 2023 Annual Report you will see that the story of TFS in 2023 is once again a story of adaptability, resilience, and success. Once again, it is my honor to thank everyone who contributed to this important work. It means a lot to the children and families in our area who need a helping hand.

Robin



Annual Report 2023

TFS BOARD OF DIRECTORS AND STAFF

Board of Directors

Tahoe Family Solutions is guided by an all-volunteer Board of Directors who donate their personal time and professional advice to ensure our organization remains fiscally strong and moves forward to serve the needs of our community. With the Board's vision and commitment, we can continue to offer the support our community needs at times when they need us most.

Officers:

Mary Jurkonis
Chair

Kenneth Ching
Vice-Chair

Kevin Brown
Treasurer

Lee Weber Koch
Secretary

Members:

Kristina Hill

Scott Hill

Joseph Schulz

Dianne Severance

Polly Wolfe

Executive Director:

Robin Glasgow

Team Members

Robin D. Glasgow
Executive Director

Micheline Thompson
Director of Development

Leslie Blunden MA
Program Director

Nayeli V. Enriquez Ramos
Office Case Manager

Sarah Craggs
Camp Director & Youth Programming

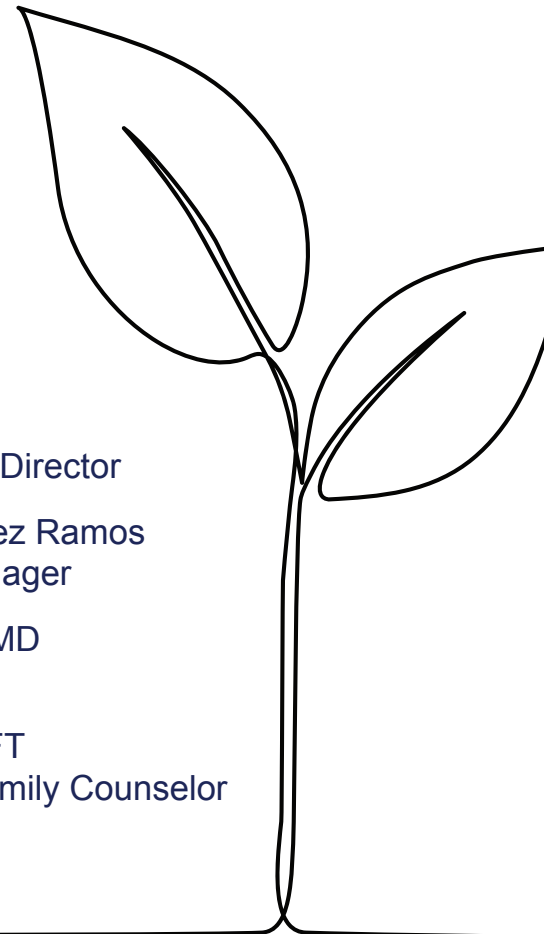
Lupe Tatengo
TFS Thrift Store Director

Nayeli V. Enriquez Ramos
Office Case Manager

Dr. Sukhi Johal MD
Psychiatrist

Patrick Keilty MFT
Marriage and Family Counselor

Ingrid Fox
Bookkeeper



Community Collaborators

Boys & Girls Club North Lake Tahoe
Cornerstone Church
David and Cheryl Duffield Foundation
Donovan Group
Hyatt Regency Lake Tahoe
Incline Elementary School
IVCBA
IVGID
IRS Stakeholder Partnership
Lake Tahoe Community College
Lake Tahoe School

Jewish Community Fund of the West
Kids Kupboard
Moosehead Brands
Nevada Conservation District
NV Family Resource Centers
Private Donors
Parasol Tahoe Community Foundation
NV Dept Health & Human Services
Sierra Community House
Sierra Nevada College
Sierra Nevada Properties

Sierra Verde Home Design
SOS Outreach
St. Francis of Assisi Church
St. Patrick's Episcopal Church
Tahoe Truckee Community Foundation
Thunderbird Lodge
T's Mesquite Rotisserie
Washoe County Sheriffs Office
Western NV Community Foundation

COMMUNITY SUPPORT

With the generous support of local foundations, donors, and businesses, TFS provided a safety net to some of the most vulnerable community members of the Lake Tahoe Basin and surrounding communities when struck by the financial crisis. TFS emergency funds supported families in need with financial distributions of up to \$1,500 to cover expenses such as rent, utilities, gas, medical bills, or grocery gift cards. Our intake staff sees multiple families in need of financial assistance every day.

TFS helped **30** local families financially with **\$29,616** distributed to assist with rent and bills. We could not have made this level of impact without your help. And, as we all know, the effects of inflation and the housing crisis continue to this day.

FAMILY RESOURCE CENTER

Case Management Services

- **177** individuals received case management services
- **2,919** personal contacts with clients for information, referrals, and case management

Volunteer Income Tax Assistance Program

- Tax returns were prepared by IRS-certified volunteers under the VITA program operated by Tahoe Family Solutions
- **205** federal and state tax returns were prepared in 2023
- A total of **\$239,657** in federal and state tax credits were claimed by families and **\$25,625** in tax preparation fees were waived

Holiday Outreach

- In collaboration with Lake Tahoe School and local community members, **15** local families were adopted and gifted with food, clothing, household goods and more



Annual Report 2023

COMMUNITY MENTAL HEALTH SERVICES

In addition to financial assistance, TFS continues to provide for the mental health needs of our community as one of the pillars of our Family Resource Center work. We are waiving mental health fees for financially strained families and starting group therapy for generalized anxiety. Our Psychiatrist and Marriage and Family Therapist continue to maintain a full client load.

In 2023, TFS' Counseling and Psychiatry Program saw **279** individual clients.

TFS Counseling and Psychiatry services include:

Child, Adolescent and Family Counseling

Bilingual Counseling Services

Depression and Anxiety

Parent and Child Interactions

Healthy Family Relationships

Success in School

Play Therapy

Conflict Resolution

Medication Management

School Adjustment

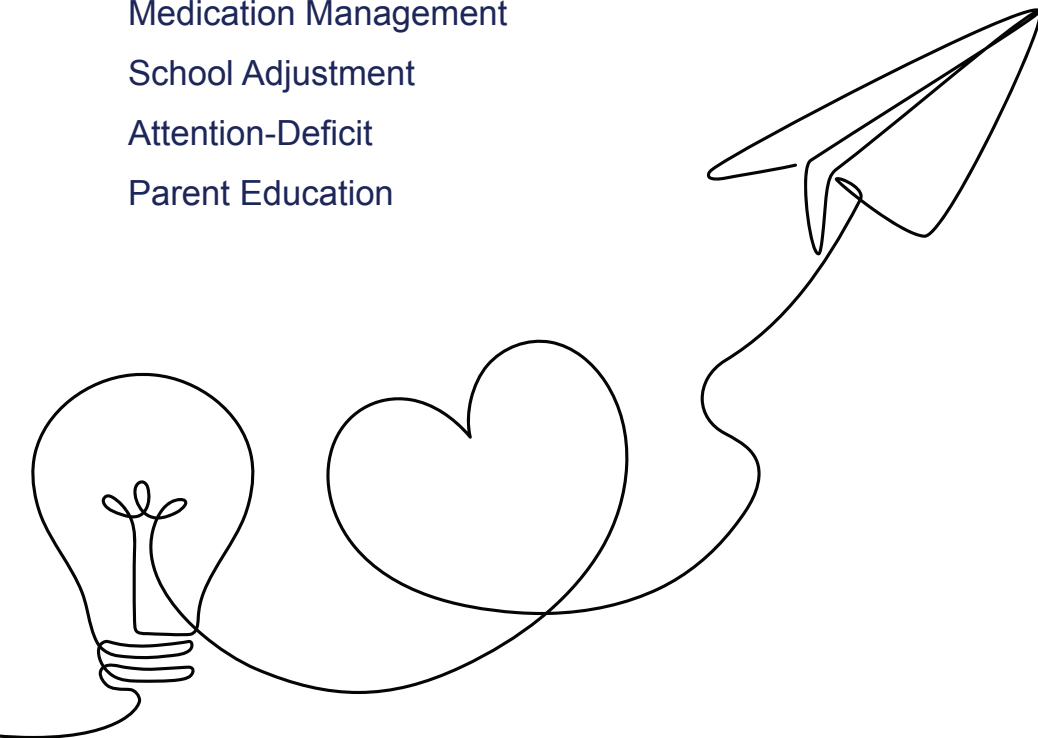
Attention-Deficit

Parent Education

279 individual clients were seen by TFS' Counseling and Psychiatry Program

30 local families were helped financially through distribution of **\$29,616** in emergency funds

2,919 personal contacts were made with clients for information, referrals, and case management



CAMP

Camp Explore

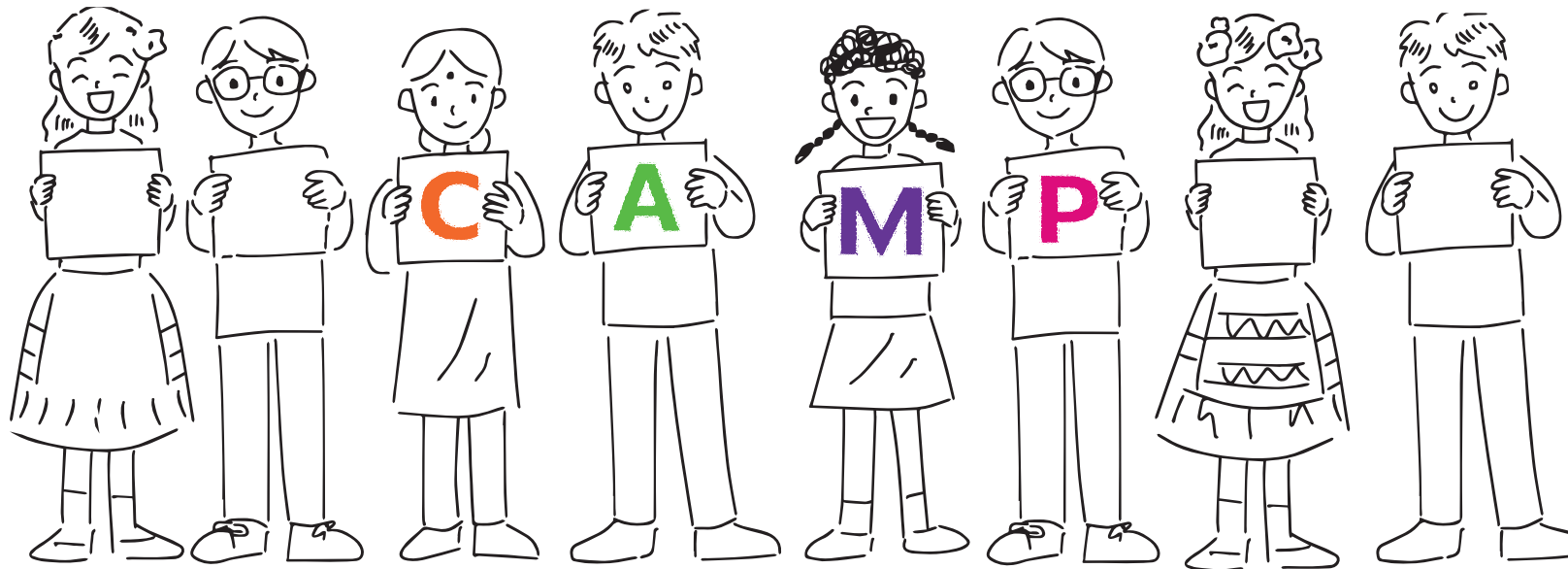
TFS Camp Explore served **130** children through our expanded **5**-week-long program. The program's mission was to provide our community with a fun, screen-free summer camp program at no cost. Activities included backpacking to alpine lakes, beach days, hiking, and so much more. Our campers stayed busy, but always had time to stop and catch frogs, make new camp friends, and eat a S'more! 75% Of our 2023 camp participants were enrolled in the free or reduced meal program through the Washoe County School District and many of our participants came to camp needing help obtaining hiking shoes, sun hats or bathing suits. Through the services TFS provides we were able to get them ready for their fun summer at camp. We look forward to seeing this wonderful youth program grow!

“ 12 explorers were together for 5 months and immersed in our professionally orchestrated outdoor programs. ”

Explorers Club

The TFS Explorers Club program is a year-round outdoor-based youth program that offers our Camp Explore participants an extra layer of support outside of camp season.

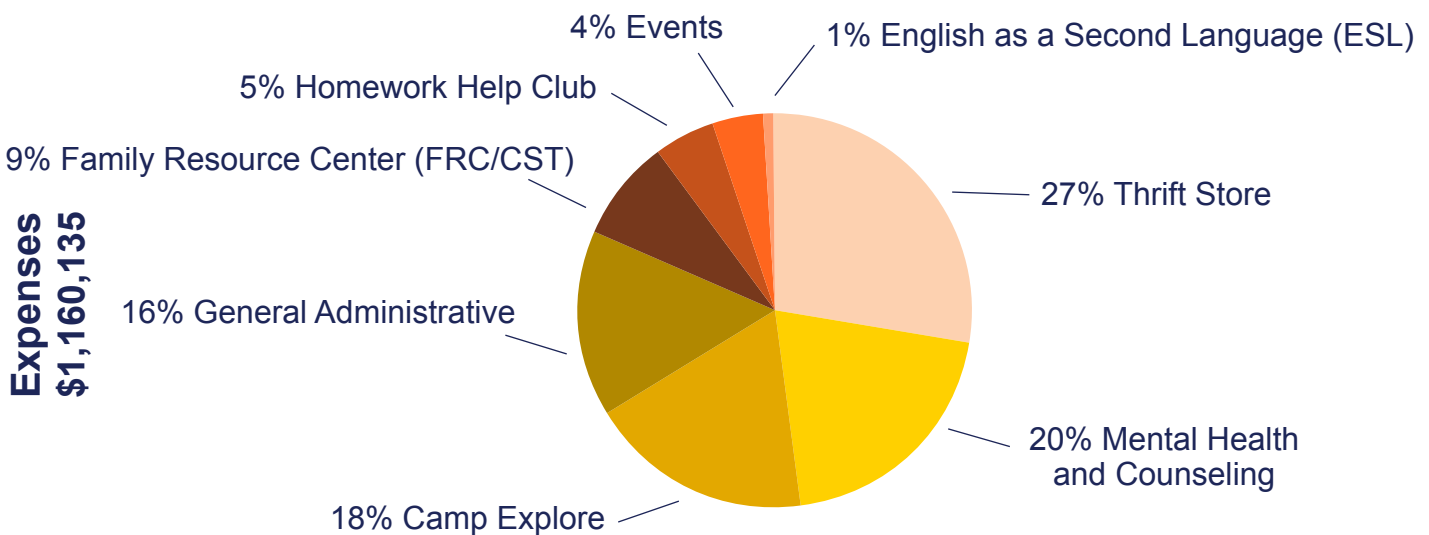
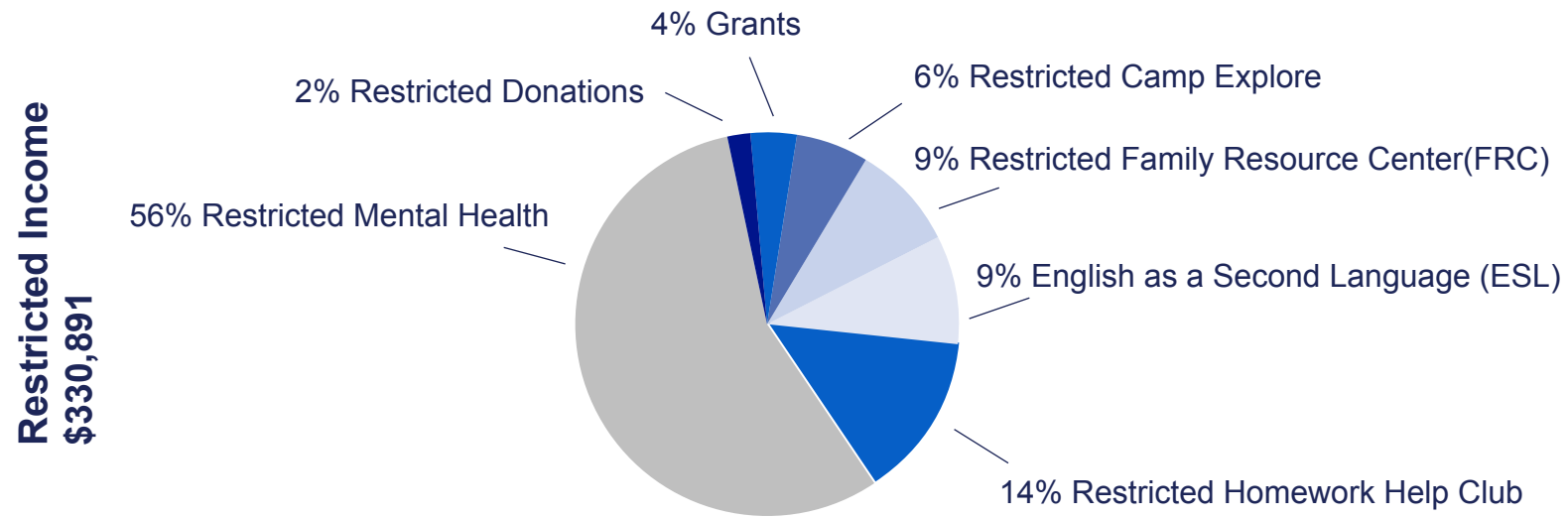
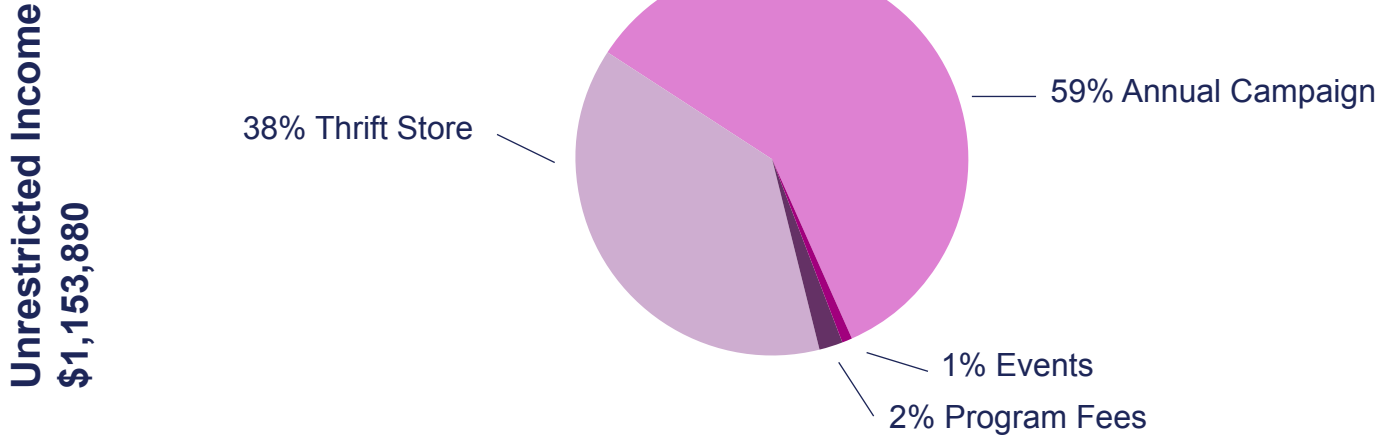
The Explorers Club offers activities based on outdoor recreation and community-based service projects from January to June. Whether skiing Northstar, crafting ceramics, or plating milkweeds at the Walker River for the Monarch population, these explorers are on the move and experiencing new things, keeping them discovering the world around them with the safety and support of the TFS youth programming.

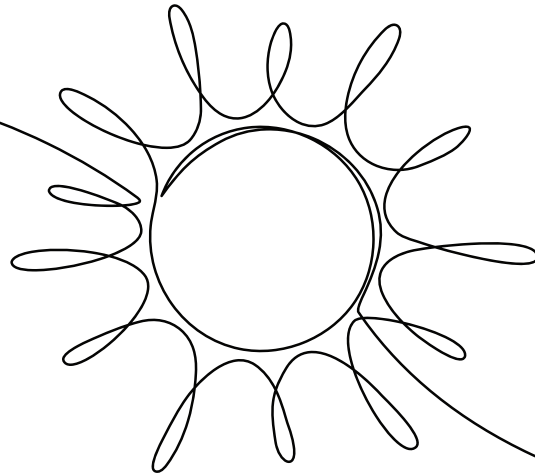


Annual Report 2023

TAHOE FAMILY SOLUTIONS FINANCIALS

Unrestricted Income \$1,153,880
Restricted Income \$330,891
Expenses \$1,160,135
Investment Income \$175,976
(unaudited)





CONNECT WITH US

Tahoe Family Solutions – Office

774 Mays Blvd #13
Incline Village, NV 89451
775-413-5145



Tahoe Family Solutions – Thrift Store

797 Southwood Blvd
Incline Village, NV 89451
775-833-4414

seasonal hours

Free furniture pickups available



The mission of Tahoe Family Solutions is to provide key resources and enhance skills for families in the Tahoe Basin.

www.TahoeFamily.org

Facebook: @tahoefamilysolutions

Instagram: tahoefamilysolutions