



## Annual Report 2022



**In 2022, Tahoe Family Solutions provided services to more than 3,019 families and individuals in the Tahoe Basin.**

# Annual Report 2022

## MESSAGE FROM THE EXECUTIVE DIRECTOR

Looking at our organization in 2022, I think it could have been a time period and a story of retrenchment and slowing growth. The story could have been dominated by the challenges of inflation, a tight job market, staffing shortages, and economic downturn. As a small business in Incline, Tahoe Family Solutions (TFS) is not immune to these forces and has to incorporate these in operational planning and execution. In short, it could have been a rough year for TFS projects and programs.

***However, the real story of TFS in 2022 is one of energy, resiliency, and success.***

All major TFS programs were back up and running in 2022. Camp Explore had a very successful four-week run at Camp Richardson that inspired and educated 80 local children. Our Volunteers In Tax Assistance (VITA) program and English as a Second Language (ESL) classes turned in record numbers for 2022. Our Family Resource Center, the Brunch With Santa event, and the Adopt A Family program also turned in top numbers.

In the following pages of this 2022 Annual Report you will see the story of TFS in 2022 spelled out in detail. Once again our volunteers, Board, staff, and supporters willed their way to a winning year for the Tahoe region.

Again, my deepest thanks to all who contributed their time, talent and resources to this important work. It means a lot to the children and families in our area who need a helping hand.



Robin

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## TFS BOARD OF DIRECTORS AND STAFF

### Board of Directors

Tahoe Family Solutions is guided by an all-volunteer Board of Directors who donate their personal time and professional advice to ensure our organization remains fiscally strong and moves forward to serve the needs of our community. With the Board's vision and commitment, we can continue to offer the support our community needs at times when they need us most.

#### **Officers:**

Mary Jurkonis  
Chair

Polly Wolfe  
Vice-Chair

Kevin Brown  
Treasurer

Kenneth Ching  
Secretary

#### **Members:**

Nancy Blair

Kristina Hill

Lee Weber Koch

Joseph Schulz

#### **Executive Director:**

Robin Glasgow

### Team Members

Robin D. Glasgow  
Executive Director

Micheline Thompson  
Development Director

Leslie Blunden MA  
Program Director

Nayeli V. Enriquez Ramos  
Office Case Manager

Lupe Tatengo  
TFS Thrift Store Director

Sarah Craggs  
Camp Director

Dr. Sukhi Johal MD  
Psychiatrist

Patrick Keilty MFT  
Marriage and Family Counselor

Ingrid Fox  
Bookkeeper

### Community Collaborators

Cornerstone Church  
David and Cheryl Duffield Foundation  
Donovan Group  
Hyatt Regency Lake Tahoe  
Incline Elementary School  
IVGID  
IRS Stakeholder Partnership  
Lake Tahoe Community College  
Lake Tahoe School

Jewish Community Fund of the West  
Kids Kupboard  
Nevada Conservation District  
NV Family Resource Centers  
Private Donors  
Parasol Tahoe Community Foundation  
NV Dept Health & Human Services  
Sierra Community House  
Sierra Nevada College

Sierra Nevada Properties  
Sierra Verde  
SOS Outreach  
St. Francis of Assisi Church  
St. Patrick's Episcopal Church  
Tahoe Truckee Community Foundation  
T's Mesquite Rotisserie  
Western NV Community Foundation

## Annual Report 2022

### COMMUNITY SUPPORT

With the generous support of local foundations, donors and businesses, TFS provided a safety net to some of the most vulnerable community members of the Lake Tahoe Basin and surrounding communities when struck by financial crisis. TFS built a war chest of emergency funds to support families in need with financial distributions of up to \$1,000 to cover expenses such as rent, utilities, gas, medical bills or grocery gift cards. Our intake staff sees multiple families in need of financial assistance every day.

At the printing of the Annual Report, **26** local families have been helped financially with **\$15,936** distributed in assistance for rent and bills. We could not have made this level of impact without your help. And, as we all know, the effects of inflation and the housing crisis continue to this day.



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## COMMUNITY MENTAL HEALTH SERVICES

In addition to financial assistance, TFS continues to provide for the mental health needs of our community as one of the pillars of our Family Resource Center work. We are waiving mental health fees for financially strained families and starting group therapy for generalized anxiety, and our Psychiatrist and Marriage and Family Therapist continue to maintain a full client load.

In 2022, TFS' Counseling and Psychiatry Program saw **273** individual clients.

### **TFS Counseling and Psychiatry services include:**

Child, Adolescent and Family Counseling

Bilingual Counseling Services

Depression and Anxiety

Parent and Child Interactions

Healthy Family Relationships

Success in School

Play Therapy

Conflict Resolution

Medication Management

School Adjustment

Attention-Deficit

Parent Education

**273 individual clients**  
were seen by TFS'  
Counseling and  
Psychiatry Program

**26 local families** were  
helped financially through  
distribution of **\$15,936** in  
emergency funds

**3,019 personal contacts**  
were made with clients  
for information, referrals,  
and case management

# Annual Report 2022

## FAMILY RESOURCE CENTER

### Case Management Services

- **268** individuals received case management services
- **3,019** personal contacts with clients for information, referrals, and case management

### Volunteer Income Tax Assistance Program

- Tax returns were prepared by IRS-certified volunteers under the VITA program operated by Tahoe Family Solutions
- **208** federal and state tax returns were prepared in 2022
- A total of **\$418,000** in federal and state tax credits were claimed by families and **\$32,000** in tax preparation fees were waived

### Holiday Outreach

- In collaboration with Lake Tahoe School and local community members, **15** local families were adopted and gifted with food, clothing, household goods and more

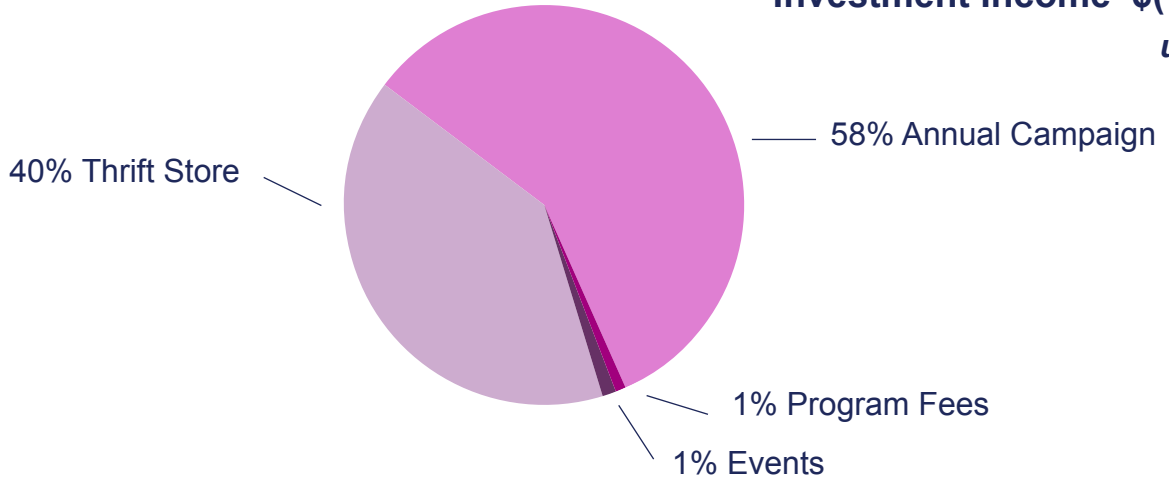


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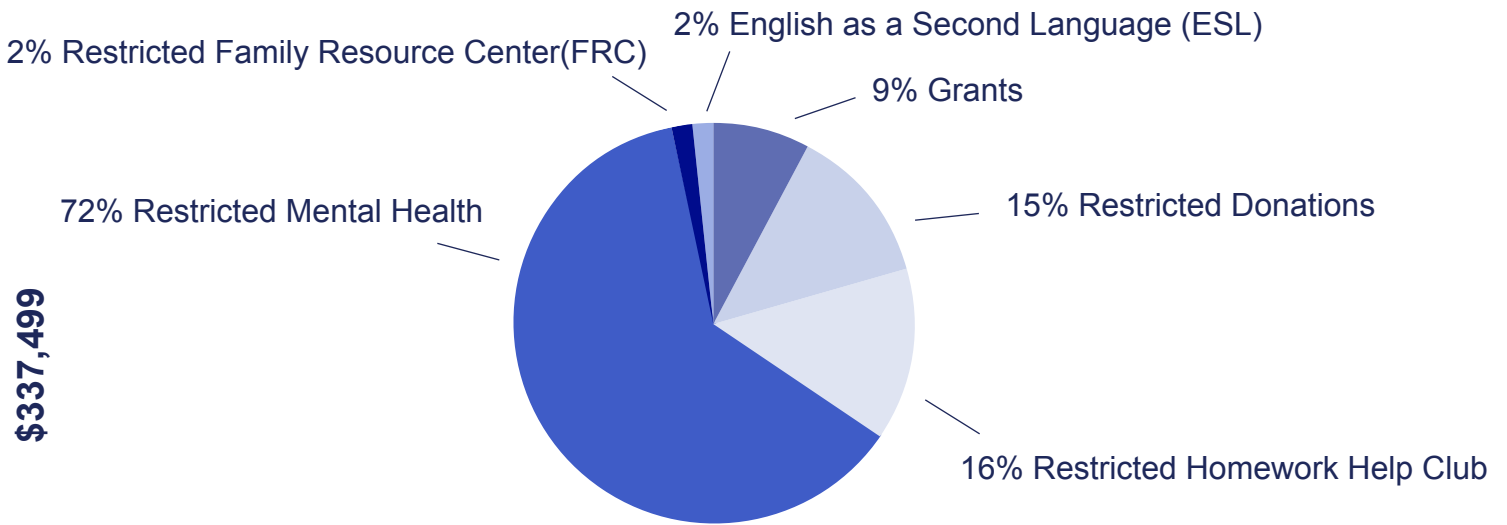
## TAHOE FAMILY SOLUTIONS FINANCIALS

**Unrestricted Income \$1,208,055**  
**Restricted Income \$337,510**  
**Expenses \$1,053,681**  
**Investment Income \$(198,712)**  
*unaudited*

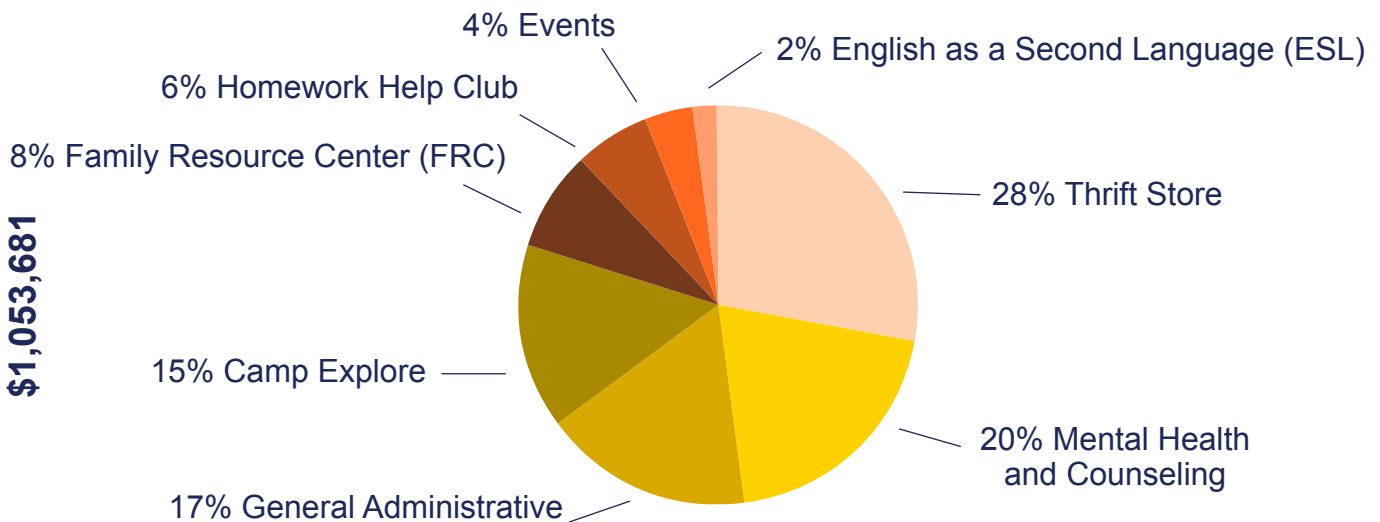
**Unrestricted Income**  
**\$1,208,056**



**Restricted Income**  
**\$337,499**



**Expenses**  
**\$1,053,681**



## Annual Report 2022

### CONNECT WITH US

#### Tahoe Family Solutions – Office

774 Mays Blvd #13  
Incline Village, NV 89451  
775-413-5145

#### Tahoe Family Solutions – Thrift Store

797 Southwood Blvd  
Incline Village, NV 89451  
775-833-4414

Monday to Saturday 10am – 5pm  
Sunday 11am – 5pm  
*seasonal hours*

*Free furniture pickups available*

[www.TahoeFamily.org](http://www.TahoeFamily.org)

Facebook: @tahoefamilysolutions

Instagram: tahoefamilysolutions



The mission of Tahoe Family Solutions is to provide key resources and enhance skills for families in the Tahoe Basin.